Faiths and believes are the part of the all religions. People cannot follow any religion without faith and believes. Faith is system of religious belief. Not only the religions, you have to keep your faith and believe when you follow the any philosophy and theory. You know why? All the theories including the religions and philosophies are made by knowledge. You have learned the all knowledge from your teachers (external world). Therefore you have to believe all things that learned from teachers as the truth. Faith is the superior tool to tie up spiritual teacher and follower.

Buddha says "come and see". Buddha's path is 'seen' without faith and believes. It is beyond the knowledge.

Dr. Tissa Senanayake ආචාර්ය තිස්ස සේනානායක