

The Chair

Let us think, there is a 'chair' in front of you and a lens between your eyes and the chair. If I ask you; can you see the chair through the lens? Directly you would say 'yes', but you can see only the image of the chair through the lens, but not the chair. If you wear spectacles to see the chair, can you see the chair by wearing the eyeglasses? No. You can see only image of the chair. Now again question you: can you see the chair by naked eyes?

People think and accept that they can see the figure of 'chair'. But this concept is wrong. Why? You can see the image of chair, but not the real chair because you see the chair through your eye lens. You can only see the image of the object through the lens. But the reality is the Image of the object is not the real object. Your knowledge is built up by accepting that you can see the form of the chair. It is a wrong acceptance in your mind. You have to keep suspicion until see the 'chair' is a false impression. This is called 'Vipassana'

Some spiritual teachers tell us to accept the things (like chair) as they are, even we cannot see the real things through our eyes. If you accept the things, the things will not be as they are, because acceptance is a wrong concept. Does the chair that you have accepted exist?

Tissa

tissamahma@gmail.com
