

Time paradox

According to Eckhart Tolle, “So instead of the adding time to yourself, remove time. The elimination of the time your consciousness is the elimination of ego. It is the only true spiritual practice.” A new Earth, Eckhart Tolle, P207.

Many spiritual teachers know that time is mind made concept but, they accept the matters in the universe. They accept what happen in their world with time such as ‘people are getting aging, matters are degenerating’ etc. According to them; on the one hand, the time is mind maid concept, on the other hand they believe that, matters are changing with time. Finally they have to accept the time, since they cannot solve this ‘time paradox’. That's why, they asked to their followers to remove the time from their mind.

Most of them think that if someone stops clinging to any object (mentally/physically) then it will leads to the stage of timelessness. But nobody can stops clinging to any object until see the object does not exist. Many people try to stop clinging to the objects using meditation without seeing all the matters and persons are illusion. After you seeing all the matters and persons are illusion, do you think you have to continue your meditation to stop clinging to the objects to leads to the stage of timelessness?

We did not add time into our mind. It has happened as the cause of our knowledge. The knowledge time and ego are one (trinity). We cannot remove time from our mind by practicing the mind. If you practice to eliminate the time, you will be trapped again by knowledge because; practicing is part of your knowledge. The knowledge cannot be presented without time.

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